



# **Lessons Learned: Practical Strategies for Preventing, Treating, and Managing Atopic Dermatitis in Pediatric Populations**

**Monday, April 7, 2025 • 16:15-18:15 ART**

**Centro de Convenciones Buenos Aires • Room C3 • Buenos Aires, Argentina**

*An International Eczema Council Symposium at the  
2025 World Congress of Pediatric Dermatology (WCPD)*

# AGENDA

**16:15–16:20**

## **Welcome from the IEC**

Alan Irvine, MD DSc; IEC President; Trinity College Dublin, Children's Health, Dublin, Ireland

**16:20–16:30**

## **Early Use of Moisturisers to Prevent Atopic Dermatitis: Successes and Failures**

Alan Irvine, MD DSc; IEC President; Trinity College Dublin, Children's Health, Dublin, Ireland

**16:30–16:40**

## **Allergen Allies: Strategies for Preventing and Reducing Food Allergies in Babies with Atopic Dermatitis**

Carsten Flohr, MA MSc PhD FRCP FRCPCH; IEC Councilor and Board Member; St John's Institute of Dermatology, King's College London, London, England, UK

**16:40–16:50**

## **Beyond the Surface: Examining the Diversity of Atopic Dermatitis in Pediatric Patients with Skin of Color**

Sandipan Dhar, FRCP MD; IEC Councilor; Institute of Child Health, Kolkata, India

**16:50–17:10**

## **Tips on Topicals: Practical Applications in Pediatric Eczema**

Lawrence F. Eichenfield, MD; IEC President-Elect; University of California, San Diego/Rady Children's Hospital, San Diego, CA, USA

**17:10–17:30**

## **Treatment Triumphs: Latest Advancements in Treating Pediatric Atopic Dermatitis with Systemic Therapies**

Amy Paller, MD MS; IEC Cofounder, Board Member, and Councilor; Northwestern University Skin Disease Research Center & Northwestern University Feinberg School of Medicine, Chicago, IL, USA

**17:30–17:40**

## **Harmony in Healing: Uniting Disciplines for Atopic Dermatitis and Psychosocial Management**

Mark Koh, MD; IEC Councilor; KK Women's & Children's Hospital, Singapore

**17:40–17:50**

## **Empowering Eczema: Navigating Adherence and Patient Education in Atopic Dermatitis Care**

Valeria Aoki, MD PhD; IEC Board Member and Councilor; Cutaneous Immunopathology Laboratory & University of Sao Paulo Medical School, São Paulo, Brazil

**17:50–18:15**

## **Case-Based Discussion Panel Q&A with Speakers & Adjournment**

All Speakers

## IEC PRESIDENT



### **Alan Irvine, MD DSc, IEC President**

Alan Irvine has been a consultant dermatologist at Children's Health Ireland and St. James's Hospital, Dublin, Ireland, since 2002 and professor of dermatology at Trinity College Dublin since 2007.

He has published extensively in high impact journals such as the *New England Journal of Medicine*, *The Lancet*, *Nature Genetics*, and *Nature Reviews Disease Primers*—mostly on epithelial genetics, characterisation of the skin barrier, disease mechanisms in, and therapy of, atopic dermatitis. His international awards for research include the Times Higher Education Supplement Research Project of the Year and the Paul Gerson Unna Prize (German Dermatology Society). He has delivered several prize lectureships including the MB Sulzberger (AAD), Watson-Smith (RCP Edin), and Dolovich (AAAAI).

Dr. Irvine is a founding director of the International Eczema Council, an elected member of the Royal Irish Academy and the Academia Europaea, and an honorary member of the Société Française de Dermatologie.

He trained in dermatology and genetics in Belfast, Northern Ireland; in Great Ormond Street Hospital in London, England; and as a Fulbright Scholar at Children's Memorial/Northwestern University in Chicago, IL, USA.

## PROGRAM CO-CHAIRS & MODERATORS



### **Sandipan Dhar, MBBS MD DNB FRCP (Edin), IEC Councilor**

Sandipan Dhar is the professor and head of the Department of Pediatric Dermatology at the Institute of Child Health, Kolkata, India. He has been key in establishing pediatric dermatology as a subspecialty in India.

His fields of interest are atopic dermatitis, pediatric dermatology, and adverse cutaneous drug reactions. In 2003, he authored the first book on pediatric dermatology in skin of color; it is now in its fifth edition. He has authored five more books in dermatology and contributed chapters in more than 50 books, nationally and internationally. He serves as president of Society for Eczema Studies (SES), which he founded as the first organization of its kind in India and the subcontinent in March 2022. Dr. Dhar has published more than 300 scientific papers, more than 70 of which are on atopic dermatitis. He has delivered more than 110 international and 320 national lectures, including at the World Congress of Dermatology, World Congress of Pediatric Dermatology, International Summer Academy of Practical Dermatology, and many more. He has delivered guest lectures at some of the most reputed medical institutes around the globe, including Birmingham Children's Hospital (UK), Ludwig Maximal University (Munich, Germany), and Oxford University (UK).

He had been the president of Indian Society for Pediatric Dermatology for nearly 10 years; editor-in-chief of the *Indian Journal of Pediatric Dermatology (IJPD)* for 9 years; Councilor of the International Eczema Council and member of its Education Committee; SPIN scientific member; and chair of the Mentorship Committee and member of the Board of Directors of the International Society of Pediatric Dermatology (ISPD). He was invited as chair and speaker in the Prurigo & Eczema session of the World Congress of Dermatology 2023 in Singapore.



### **Paula C. Luna, MD, IEC Associate**

Paula Luna is director of the Fellowship in Psoriasis and Other Inflammatory Skin Diseases at Hospital Aleman in Buenos Aires, Argentina. Dr. Luna is principal investigator in several interventional and non-interventional studies focusing on inflammatory skin disorders.

Since early in her career, Dr. Luna has been interested in inflammatory skin disorders, primarily psoriasis and atopic dermatitis, genodermatosis, and neonatal dermatology. She has directed courses and preceptorships on atopic dermatitis and codirects the ECHO-Atopic Dermatitis Argentina group, a telementoring program.

Dr. Luna is the scientific secretary of this year's World Congress of Pediatric Dermatology (WCPD). She is general secretary of Sociedad Argentina de Psoriasis (SOARPSO), Sociedad de Dermatología Pediátrica para Latinoamérica (SDPL), and Argentinean Society of Psoriasis (AEPESO). She belongs to the board of assessors of ADAR (an Argentinean atopic dermatitis advocacy group) and is an associate member of the International Eczema Council (IEC) and a member of the IEC Education Committee.

After completing her dermatology residency and serving as chief resident, Dr. Luna completed a 3-year subspecialty in pediatric dermatology at the Hospital Ramos Mejia in Buenos Aires, Argentina.



### **Amy Paller, MD MS; IEC Cofounder, Board Member, and Councilor**

Dr. Paller is the Walter J. Hamlin Professor and Chair of Dermatology, professor of pediatrics, and principal investigator of the NIH-funded Skin Disease Research Center at Northwestern University Feinberg School of Medicine in Chicago, IL, USA.

Dr. Paller is president of the American Dermatological Association. She was the inaugural IEC president and co-founder and has been president of the Society for Pediatric Dermatology, Society for Investigative Dermatology, Women's Dermatologic Society, and International Society for Pediatric Dermatology. She was the inaugural co-chair of the Pediatric Dermatology Research Alliance and has served on the Board of Directors of the American Academy of Dermatology, Society for Investigative Dermatology, Society for Pediatric Dermatology, Women's Dermatologic Society, American Board of Dermatology, and American Dermatological Association.

She co-authors *Hurwitz Clinical Pediatric Dermatology* and has edited the *Journal of Investigative Dermatology*, among other journals.

## PROGRAM FACULTY



### **Valeria Aoki, MD PhD; IEC Board Member and Councilor**

Valeria Aoki is associate professor (tenure track) and director of the Cutaneous Immunopathology Laboratory and a member of the Scientific Committee of the Dermatology Graduate Program in the Department of Dermatology at the University of Sao Paulo Medical School in São Paulo, Brazil. She also is president of the school's International Relations Office.

She has had a career-long interest in understanding autoimmune, infectious, and inflammatory skin diseases in tropical countries. Her clinical interests include blistering diseases, inflammatory dermatoses (atopic dermatitis), and mentoring PhD students and postdoctoral fellows at the University of Sao Paulo. Dr. Aoki is an IEC Councilor, a member of the Board of Directors of the IEC, and co-chair of IEC Education Committee. She has been an editor of the *European Journal of Dermatology and Venereology*, among numerous other accomplishments.

She served her residency in dermatology at the University of Sao Paulo, and her dermatology clinical training was supported by a Dermatology Foundation scholarship. From 1992-1994, she spent 2 years as a research fellow in immunodermatology under the supervision of Luis A. Diaz, MD, at the Medical College of Wisconsin in Milwaukee, WI, USA. The research project addressed the environmental triggers of endemic pemphigus foliaceus (also known as fogo selvagem [FS]), an autoimmune blistering dermatosis with a complex etiology and unique epidemiologic features. Dr. Aoki stayed on the project as a co-investigator when she returned to Brazil, performing annual clinical follow-up of FS patients using seroepidemiologic surveillance of three groups of cohorts to detect risk factors of FS in endemic areas of the disease.



### **Lawrence F. Eichenfield, MD; IEC President-Elect**

Lawrence Eichenfield is chief of pediatric and adolescent dermatology at Rady Children's Hospital-San Diego in San Diego, CA, USA, and the vice chair of the department of dermatology and professor of dermatology and pediatrics at the University of California San Diego (UCSD) School of Medicine.

His clinical interests include atopic dermatitis, acne, psoriasis, vascular lesions including port wine stains and hemangiomas, neonatal dermatology, laser surgery, nevi, and skin signs of systemic disease. He has authored more than 400 journal articles, chapters, abstracts, and books on these topics and has served as the senior editor of *Neonatal and Infant Dermatology* and *The Eczemas*. He served as editor-in-chief of *Pediatric Dermatology* for 12 years and serves on the editorial boards of multiple journals and periodicals.

He has received extensive honors and served in various leadership capacities for the Society for Pediatric Dermatology, American Academy of Dermatology, American Acne and Rosacea Society, and Pediatric Dermatology Research Alliance (PeDRA).

Dr. Eichenfield received his medical degree from Mount Sinai School of Medicine, was a pediatric resident and chief resident at Children's Hospital of Philadelphia, and completed his dermatology residency at the Hospital of the University of Pennsylvania.

## PROGRAM FACULTY (CONTINUED)



### **Carsten Flohr, MA MSc PhD FRCP FRCPCH; IEC Board Member and Councilor**

Carsten Flohr holds the Chair in Dermatology and Population Health Science at St John's Institute of Dermatology, King's College London, where he is Head of Paediatric and Population-Based Dermatology Research.

Dr. Flohr has a particular interest in novel methods of atopic dermatitis (AD) prevention (early-life risk factors), how AD links in with food allergies (transcutaneous sensitisation), and therapeutics, especially in severe AD. He co-lead the landmark Enquiring About Tolerance (EAT) trial and was chief investigator of the TREATment of severe eczema in children Trial (TREAT), funded by the UK Department of Health, which compared cyclosporine with methotrexate in children with recalcitrant AD. He leads the UK-Irish Atopic Eczema Systemic Therapy Register (A-STAR), as well as the European Dream to TREAT AD project, which brings together five European atopic dermatitis systemic therapy registers. In addition, Professor Flohr's department investigates how food allergies develop through the skin, together with collaborators from Germany and France in the EU H2020-funded Trans-Foods consortium. He also directs the Global Atopic Dermatitis Atlas project.

Dr. Flohr is a founding director of the International Eczema Council and past president of the British Society of Paediatric Dermatology, as well as an Honorary Member of the Société Française de Dermatologie. He leads the European (EuroGuiDerm/European Dermatology Forum) management guidelines for the atopic dermatitis with a colleague from Germany and is founding editor of the Evidence-Based Dermatology Section of the *British Journal of Dermatology* and the clinical trials editor of the F1000 Atopic Dermatitis Section.

Dr. Flohr studied at Cambridge and Oxford Universities and then trained in both paediatrics and dermatology. He was the first UK National Institute for Health Research (NIHR) Clinician Scientist in Dermatology (2009-2014) and the first UK dermatologist to be awarded a Career Development Fellowship from the NIHR (2014-2019).



### **Mark Koh, MD; IEC Councilor**

Mark Koh is a dermatologist, paediatric dermatologist, and dermatopathologist. He is head and senior consultant at the Department of Dermatology at KK Women's & Children's Hospital in Singapore. He is a visiting consultant at Singapore General Hospital, Sengkang General Hospital, and National Cancer Centre Singapore. Dr. Koh is a clinical associate professor at Duke-NUS Graduate Medical School, adjunct associate professor at NTU-LKC Medical School, and senior clinical lecturer at NUS-YLL Medical School.

An IEC Councilor, Dr. Koh is secretary general of the Asian Society of Pediatric Dermatology (ASPD) and treasurer of the International Society of Pediatric Dermatology (ISPD).

## IEC THANKS OUR CORPORATE SUPPORTERS

The support of our corporate partners makes it possible for the International Eczema Council (IEC) to advance its mission of improving patient care by promoting research, education, and best practices in treatment for atopic dermatitis in people worldwide.

Learn how to join these companies in advancing the IEC mission; visit [eczemacouncil.org/corporate-membership](https://eczemacouncil.org/corporate-membership) and email CEO Alan Stiles at [astiles@eczemacouncil.org](mailto:astiles@eczemacouncil.org).

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# INTERNATIONAL ECZEMA COUNCIL

## ABOUT THE INTERNATIONAL ECZEMA COUNCIL

Founded in late 2014 and led by experts in atopic dermatitis, the International Eczema Council (IEC) is a global nonprofit organization. Dermatologists and allergists from around the globe serve as Councilors and Associates, contributing their expertise to support the IEC's research, programs, events, and education. The IEC has [151 Councilors and Associates in 33 countries](#), and this group continues to grow.

**Mission:** Improve patient care by promoting research, education, and best practices in treatment for atopic dermatitis in people worldwide.

**Vision:** Transforming the lives of people with atopic dermatitis.

### Corporate Support

The support of our corporate partners makes it possible for the International Eczema Council (IEC) to advance its mission of improving patient care by promoting research, education, and best practices in treatment for atopic dermatitis in people worldwide. See who is supporting our mission and how you can join them at [eczemacouncil.org/corporate-membership](https://eczemacouncil.org/corporate-membership).

### Upcoming Symposia

Save the dates to attend the remaining 2025 IEC symposia. Go to [EczemaCouncil.org/symposia](https://eczemacouncil.org/symposia) to learn more.

Date(s)	In Conjunction With	Location	Symposium Title
May 7	Society for Investigative Dermatology (SID)	San Diego, CA, USA	<i>Practical Applications of Multiomics in Atopic Dermatitis</i>
Sept. 20	European Academy of Dermatology and Venereology (EADV)	Paris, France	<i>Atopic Dermatitis and Cutaneous T-Cell Lymphoma</i>

[Visit the Symposia Page](#)

## CONNECT WITH THE IEC ON SOCIAL MEDIA!



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