



# **Topicals in the Pipeline: New and Emerging Therapies**

**Thursday, March 7, 2024 • 2-5 pm PT  
San Diego Convention Center • San Diego, CA, USA**

***An International Eczema Council Symposium at the  
2024 American Academy of Dermatology (AAD)  
Annual Meeting***

# AGENDA

## 2-2:15 PM

### Welcome and Introductions from the IEC & Introduction to IEC's New Incoming President

Robert Bissonnette, MD FRCPC MSc, Montréal, QC, Canada  
Alan Irvine, MD DSc, Dublin, Ireland

## 2:15-2:35 PM

### Chris, Jack, and You: Clinical Pearls on the Use of Approved Nonsteroidal Topical Therapies, Including Crisaborole and Ruxolitinib in Atopic Dermatitis

Linda Stein Gold, MD, Detroit, MI, USA

## 2:35-2:55 PM

### Friend or Foe? Controversies in Topical Steroid Use for Atopic Dermatitis

Peter A. Lio, MD FAAD, Chicago, IL, USA

## 2:55-3:05 PM

### Q & A with Speakers

## 3:05-3:30 PM

### Refreshment Break

## 3:30-3:50 PM

### What's Topical in the Topical Pipeline? An Evaluation of Tapinarof and Roflumilast in Atopic Dermatitis

April Armstrong, MD MPH, Los Angeles, CA, USA

## 3:50-4:10 PM

### Making Sense of It All: Distilling the Complexities of Therapeutics (JAKi, AhR, PDE4s) and identifying their Therapeutic Niche

Benjamin D. Ehst, MD PhD, Portland, OR, USA

## 4:10-4:25 PM

### Q & A with Speakers

## 4:25-4:45 PM

### Patients Appropriate for Topicals vs. Systemics & Barriers to Topicals

Robert Bissonnette, MD FRCPC MSc, Montréal, QC, Canada

## 4:45-5 PM

### Wrap-Up, Closing Remarks, & Adjournment

Alan Irvine, MD DSc, Dublin, Ireland

## PROGRAM CO-CHAIRS



### April Armstrong, MD MPH, IEC Councilor

April Armstrong is professor and chief of dermatology at University of California Los Angeles (UCLA). She is an internationally renowned dermatologist and clinical researcher in inflammatory skin diseases including psoriasis and atopic dermatitis. She has conducted more than 150 clinical trials and published more than 400 articles in scientific journals. She is a passionate educator, having received numerous awards for her educational efforts.

Dr. Armstrong has a long history of service to the medical profession on a national and international level. She serves as a board member of the American Academy of Dermatology, past chair of the Medical Board at the National Psoriasis Foundation, co-president of the Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA), Councilor for the International Eczema Council and International Psoriasis Council, and board member for the International Dermatology Outcome Measures and the California Society of Dermatology and Dermatological Surgery (CalDerm). She is also an editorial board member of *JAMA Dermatology* and had served on the editorial boards of *JAAD* and other journals.

Dr. Armstrong obtained her medical degree from Harvard Medical School and completed her dermatology residency at the Harvard Combined Dermatology Residency Program. She obtained a master of public health degree from Harvard School of Public Health. Prior to being at UCLA, Dr. Armstrong served as associate dean for clinical research at the University of Southern California (USC).



### Alan Irvine, MD DSC, Incoming IEC President

Alan Irvine has been a consultant dermatologist at Children's Health Ireland and St. James's Hospital, Dublin, Ireland, since 2002 and professor of dermatology at Trinity College Dublin since 2007. He has published extensively in high impact journals such as the *New England Journal of Medicine*, *The Lancet*, *Nature Genetics*, and *Nature Reviews Disease Primers*—mostly on epithelial genetics, characterisation of the skin barrier, disease mechanisms in, and therapy of, atopic dermatitis. His international awards for research include the Times Higher Education Supplement Research Project of the Year and the Paul Gerson Unna Prize (German Dermatology Society). He has delivered several prize lectureships including the MB Sulzberger (AAD), Watson-Smith (RCP Edin), and Dolovich (AAAAI).

Dr. Irvine is a founding director of the International Eczema Council, an elected member of the Royal Irish Academy and the Academia Europaea, and an honorary member of the Société Française de Dermatologie.

He trained in dermatology and genetics in Belfast, Northern Ireland; in Great Ormond Street Hospital in London, England; and as a Fulbright Scholar at Children's Memorial/Northwestern University in Chicago, IL, USA.

Please note that the content of this session and opinions expressed by presenters are those of the IEC or presenters and do not represent an endorsement by, nor imply that the session content has been evaluated or approved by the American Academy of Dermatology.

## LEARNING OBJECTIVES

This symposium explores the latest developments in the topical pipeline, helping clinicians gain critical knowledge to revolutionize their approach to AD management. At the conclusion of this symposium, participants will be able to:

1. Identify gaps in the current topical therapeutic landscape for atopic dermatitis (AD).
2. Evaluate efficacy and safety of new and emerging topical therapies for AD.
3. Identify patients with AD appropriate for topical, systemic therapies, or combined therapies.

## FACULTY



### Robert Bissonnette, MD MSc FRCPC, IEC President

Robert Bissonnette is the president of the IEC. He is board certified in dermatology and the president of Innovaderm Research—a contract research organization (CRO) specializing in the design, conduct, and analysis of clinical trials in various areas of dermatology—in Montréal, QC, Canada. He has published over 220 articles and book chapters and gives lectures on various aspects of dermatology at national and international meetings.

Dr. Bissonnette earned his medical degree from the University of Montréal, underwent residency training in dermatology at the University of Montréal, and completed his basic and clinical research training at McGill University and the University of British Columbia. He was an associate professor of dermatology at the University of Montréal until 2004.



### Benjamin D. Ehst, MD PhD

Benjamin Ehst is a board-certified dermatologist who works in Portland, OR, USA, as the owner and principal investigator at Oregon Medical Research Center (OMRC), practices clinical dermatology at Broadway Medical Center, and teaches medical students and residents as a clinical associate professor at Oregon Health & Science University (OHSU).

He holds a doctorate in immunology and microbiology.



### Peter A. Lio, MD FAAD

Peter Lio is a clinical professor of dermatology at the Icahn School of Medicine at Mount Sinai in New York, NY, USA, and a clinical assistant professor of dermatology & pediatrics at Northwestern University Feinberg School of Medicine in Chicago, IL, USA.

Dr. Lio is the founding director of the Chicago Integrative Eczema Center and a founding partner of Medical Dermatology Associates of Chicago. He serves as a board member and scientific advisory committee member emeritus for the National Eczema Association. He is a member of the American Academy of Dermatology's Atopic Dermatitis Expert Resource Group and a founding faculty member of the Integrative Dermatology Certificate Program. He has written more than 300 publications and three textbooks.

Dr. Lio received his medical degree from Harvard Medical School and completed his internship in pediatrics at Boston Children's Hospital, and his dermatology training at Harvard, where he served as chief resident in dermatology. While at Harvard, he received formal training in acupuncture.



### Linda Stein Gold, MD

Linda Stein Gold is director of dermatology clinical research for the Henry Ford Health System in Detroit, MI, USA. She also is division head of dermatology for the Henry Ford Health System in West Bloomfield, MI, USA.

Dr. Stein Gold has authored more than 200 articles published in journals including the *New England Journal of Medicine* and the *Journal of the American Academy of Dermatology*. Dr. Stein Gold is a frequent national and international lecturer. Her recent research has focused on treatments for atopic dermatitis, rosacea, acne, psoriasis, seborrheic dermatitis, and alopecia areata and actinic keratoses. She is the immediate past vice president of the American Academy of Dermatology.

She received her medical degree from University of Pennsylvania School of Medicine in Philadelphia, PA, USA; completed an internship in the Department of Internal Medicine at the Hospital of the University of Pennsylvania in Philadelphia; and was chief resident in the Department of Dermatology at Henry Ford Hospital in Detroit, MI, USA.

## ATTEND AN IEC PAPER PRESENTATION ON CLIMATE CHANGE AT AAD MEETING

The IEC is pleased to announce that "Impact of Climate Change on Atopic Dermatitis: A Review by the International Eczema Council" was selected for in-person oral presentation at the 2024 Annual Meeting of the American Academy of Dermatology's Expert Resource Group on Climate Change and Environmental Affairs. The encore abstract will be presented by recent IEC Fellow Sheng-Pei Wang, MD MPH. AAD meeting registrants are invited to attend the presentation.

**When:** Saturday, March 9, from noon–2 pm PT (Abstract presentations begin at 1 pm PT.)

**Where:** Marriott Marquis San Diego Marina's Marriott Grand Ballroom 13 in San Diego, CA, USA

## IEC THANKS OUR CORPORATE SUPPORTERS

The support of our corporate partners makes it possible for the International Eczema Council (IEC) to advance its mission of improving patient care by promoting research, education, and best practices in treatment for atopic dermatitis in people worldwide.

Learn how to join these companies in advancing the IEC mission; visit [eczemacouncil.org/corporate-membership](https://eczemacouncil.org/corporate-membership) and email CEO Alan Stiles at [astiles@eczemacouncil.org](mailto:astiles@eczemacouncil.org).

### PRESIDENT'S COUNCIL



### EXECUTIVE COUNCIL



### DIRECTOR'S COUNCIL



### COUNCILOR'S COUNCIL





# INTERNATIONAL ECZEMA COUNCIL

## ABOUT THE INTERNATIONAL ECZEMA COUNCIL

Founded in late 2014 and led by experts in atopic dermatitis, the International Eczema Council (IEC) is a global nonprofit organization. Dermatologists and allergists from around the globe serve as Councilors and Associates, contributing their expertise to support the IEC's research, programs, events, and education. The IEC has [132 Councilors and Associates in 30 countries](#), and this group continues to grow.

### Mission

Improve patient care by promoting research, education, and best practices in treatment for atopic dermatitis in people worldwide.

### Vision

Transforming the lives of people with atopic dermatitis.

### Upcoming Symposia

**Infections and Immunization in Patients with Atopic Dermatitis:** May 7 at RADLA in Lima, Peru.

**What's New in Pathogenesis & Mechanisms? Drivers of Disease:** May 15 at SID in Dallas, TX, US.

**Safety of JAK Inhibitors:** June 1 at EAACI in València, Spain.

**Biomarkers, Endophenotyping, Precision Medicine:** Presented jointly with the International Psoriasis Council in September at ESDR in Lisbon, Portugal.

**Chronic Hand Eczema:** In September at EADV in Amsterdam, Netherlands.



### International Eczema Council

8735 W. Higgins Road, Suite 300

Chicago, IL 60631, USA

888.382.3724 (USA)

[info@eczemacouncil.org](mailto:info@eczemacouncil.org)

[EczemaCouncil.org](http://EczemaCouncil.org)

Contact IEC CEO Alan Stiles at [astiles@eczemacouncil.org](mailto:astiles@eczemacouncil.org).

## CONNECT WITH THE IEC ON SOCIAL MEDIA!

