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She earned her medical degree at the Mayo Clinic in Rochester, Minn., after receiving a doctorate in cancer biology from Wayne State University in Detroit, Mich. She completed an internal medicine internship at the Cleveland Clinic in Ohio, where she also completed a residency in dermatology and a fellowship in dermatopathology.

Dr. Mesinkovska's research interests include alopecia and dermatitis, and she is the author or co-author of many articles in peer-reviewed publications. In addition, she is an investigator on several current clinical trials involving alopecia, atopic dermatitis, psoriasis, and skin laxity. She also serves as vice chair for clinical research in the UCI School of Medicine's Department of Dermatology.